



## **SANDHILLS TITANS FOOTBALL**

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### **Sandhills Titans Parent and Participant Code of Conduct**

The coaches and leaders of the Sandhills Titans are committed to building a winning football program. We believe a key part of doing so requires us to place greater emphasis on good character, sportsmanship, being a team participant and adherence to this code of conduct, than just on athletic ability alone. Every participant will be given the same opportunity to prove that he can serve as both a good role model and teammate, and to prove his athletic ability. Participants who are strong athletes and are the most consistent in participating in team practices and other required activities (meetings, community events, fundraising, etc.); and who consistently follow this code of conduct will be more likely to earn playing time, starting positions and team leadership roles than those who fail to attend practices or participate in required activities, or who regularly fail to follow this code of conduct. Athletic ability is vital to building a winning program, but we are more focused on building young men of character who are winners in life, than in building a football program with more wins than losses."

We expect our program to be easily recognizable as a Christ-centered program in our community. Athletes are required to follow this Code of Conduct all season whether they are on the practice field, in school or not. Participants in the Sandhills Titans Football program will be governed by the following rules:

#### **Participants**

As a participant in the Sandhills Titans High School Football Program, I agree to the following Code of Conduct:

1. ATTENDANCE/TARDY Participants must attend practice, mandatory workouts, meetings, fellowships, community service projects, fund raising and be on time for all activities. All participants must also participate in the in-practice Christian devotions. Failure to comply without prior excused notification to a coach, or an emergency, Being absent from practice without an excused reason may result in one of the following disciplinary actions:

- Additional after practice sprints or other exercises
- Suspension of partial game or full game(s)
- Dismissal from team

Note: "in-season" begins with July practices. During in-season, all practices and meetings are mandatory. Out-of-season includes winter workouts, strength and conditioning, spring practice, and summer workouts / 7 on 7. Participants are expected to participate in all activities but we understand that they may also participate in other sports and have other family activities, vacations and events and so more leniency will be offered but participation levels in off season events could still be impacted.



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2. BEHAVIOR ON AND OFF THE FIELD Participants will be Respectful to all Participants, Officials, Coaches, Parents, Family Members, and any one you come into contact with, while representing the Sandhills Titans High School Football Program.

- Participants will refer to Coaches as “Sir” or “Coach” all others as “Mr. or Ms.”
- Participants will maintain their Composure /Emotions during practice, at school, at home, individual/family outing, and at games/after games.
- Participants will not argue, demean or have a bad attitude towards officials, parents, coaches, teammates, opponents and anyone they come into contact while representing, the Sandhills Titans High School Football Program.
- Participants will not curse or swear, will refrain from unsportsmanlike gestures, and will refrain from horseplay, rough housing on and off the field.
- Participants will not litter on the practice field or game field. They will be responsible in cleaning up their own mess and keeping the practice and game area clean.
- Participants will wear clean uniforms/practice gear as deemed possible.
- Participants will treat Sandhills Titans property and other facilities used by Sandhills Titans with care, responsible, respect and pride. Vandalism will be punished and could result in a monetary fine, and possible prosecution.
- Participants will conduct themselves in a responsible and respectful manner wherever and whenever the team travels. Participants will stay with the team and come back with the team, unless arrangements are made prior with the Athletic Director.
- Participants will not fight amongst themselves; this shows a total disrespect towards the team.
- Participants are expected at all times, to maintain a level of behavior and conduct, which does not discredit themselves, the Sandhills Titans, their family, and the team.
- Participants will do the very best in their schoolwork and will get all passing grades in their classes. If you need help in school you must speak to one of the Coaches to get help.
- Participants must all help in taking care of the equipment and taking the equipment out and in before and after practice.
- Participants must take care of their injuries and communicate with the Coaches about their injuries. Missing practice or being tardy for practice because of an injury will be discussed between the Head Coach/Parent/Participant.
- Participants must plan their Family Vacations, Family Outings, Doctor Appointments, Church activities or any other activities at a time that it does not interfere with football activities.
- Participants will NOT, Cheat, Lie, Steal or be Insubordinate at any time to anyone.
- Participants who violate any of the above may/will be given any of the consequences in #1

3. DETRIMENTAL SUBSTANCES Tobacco, Alcohol, and Illegal Drugs of any kind have no place in the life of an athlete and will not be tolerated. Disciplinary actions for the use and possession of substances may result in disciplinary actions up to and including dismissal from the team.



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4. CARE AND USE OF EQUIPMENT AND UNIFORMS Participants will dress properly for all workouts, practices, team fellowships and games. Properly means: no Jewelry, no sagging pants, no Do Rags, no flip flops with socks, clean gear, and No participant will modify or alter issued equipment/uniform, or wear any equipment/uniform (except shoes) not issued by Sandhills Titans without the permission of the Head Football Coach. All equipment/uniforms must be turned in at the appropriate time. If a participant is not properly attired it may result in: First Offense: Coaches RUN/correct the attire Second Offense: Coaches RUN x 2/correct the attire Third Offense: Coaches RUN x 3/correct the attire Fourth Offense: Suspension of game/games Fifth Offense: Dismissal

5. GROOMING AND DRESS Participants will be properly groomed and dress at all times. In the spirit of a Team Concept of Togetherness; nothing that displays outlandish individuality will be tolerated. If a participant is not properly groomed or dressed, refer to #4 consequences.

6. QUITTING / REJOINING THE TEAM / LATE TURNOUT We believe that no one is perfect and we also understand that we are dealing with young adults, so mistakes will be made, and also hopefully be corrected. If an athlete does quit and would like to rejoin the team, in order to be reinstated, the athlete must first meet with the Head Football Coach.

7. OTHER SITUATIONS If a Situation arises that is not covered by the Code of Conduct and is detrimental to the Football Teams Character and what the Team and Staff stands for, then on the discretion of the Head Football Coach, that Situation can/may be discussed and dealt with as deemed appropriate.

### **Parents**

1. Parents and guardians serve a special role in the mission of the Titans. You are the role models for participants. Your attitude and how you conduct yourself around the Titans is one of the most important factors in shaping the character of the team. It is important for you to:

- Have a positive attitude in dealing with your child and the team, even when things are not going you had hoped.
- Be encouraging to your child and other team members at all times
- Be respectful of all team members and coaches

2. You are not allowed to be present at any team function if you are smoking, drinking alcohol or intoxicated in any way.

3. As an adult, you are not allowed to be alone with any Titan's participant, except your own child.

4. You will not publically disparage, berate, argue or out of anger, physically come in contact with a coach, participant, referee or other person associated with the team or visiting teams.

5. Parents will not curse or swear or perform unsportsmanlike or vulgar gestures around the team.



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6. Parents will respect the Titans' devotions, prayers and other activities that are important to the values of the Titans.
7. Parents are not allowed on the practice or game field / sidelines without express permission and certifications required by our insurance.
8. Parents are expected to participate in general clean ups at practice and games and are expected to assist with other tasks.
9. Parents play a major role in home and away games and are expected perform assigned game day responsibilities each week.
10. Parents must ensure that they stay current on all fees.
11. All parents and participants are required to participate in all fund raisers, booster club campaigns and recruitment of sponsors. The registration fee only covers a small fraction of the cost of the Titans and participation in fund raising is an essential part of being a Titan.
12. Parents will read and review with their child the Participant Code of Conduct and help enforce them with their child.
13. Parents should let the coaching staff know when your child is sick, having academic or disciplinary issues or other problems effecting them. The staff will work with you to support the participants.
14. Although we work to avoid it, on occasion, Sandhills Titans events may conflict with school or school activities. We will work with parents to obtain an excused absence. The parent should make sure all school work is maintained.

Failure to abide by the code of conduct will result in a warning followed by harsher consequences including being banned from events and having the child expelled from the team.